

RULES AND REGULATIONS

3rd & 4th GRADE BOYS

1. **Rules of play are High School with some exceptions**
2. - All players must play at least "**ONE**" uninterrupted period /quarter.
All players MUST play an uninterrupted quarter within the first 3 quarters or you forfeit the game. As an option, a team can also utilize the **4 minute substitution rule**. A player must start a quarter and play 4 uninterrupted minutes and then at the league declared 4 minute mark / dead ball (which will occur during the first 3 quarters only) you can make a sub for that player and then that child would have to play (not necessarily start) another quarter for 4 uninterrupted minutes (all within the first 3 quarters).

- If you notice the opposing team is not doing this you must notify the Referee asap and then the game would be subject to protest and a possible forfeit can be declared by the commission after the game.

- For teams that have only 8 players or less there will be a penalty.
 - Penalty for **5** players = **10** technical foul shots,
 - Penalty for **6** players = **8** technical foul shots,
 - Penalty for **7** players = **6** technical foul shots.
 - Penalty for **8** players = **4** technical foul shots
- A maximum of 10 points can be scored this way. Foul shots will be taken at halftime. NOTIFY the referee at the beginning of the game. Do not wait until after the game to notify the referee.

- No Player should play the entire game unless there are less than six players.

- Games are subject to protest/forfeiture if there is a failure to notify all players of games schedule.

- The object this rule is to ensure fairness and to decrease complaints by parents/players regarding playing time while concurrently building self esteem.
3. There are four **8 minute periods/quarters** - official clock. The clock stops for the last minute of every quarter.
4. **Pressing is allowed at the last two minutes of the 2nd and 4th quarters. If a team is ahead by 15 points in the 4th qtr then pressing is not allowed.**

5. The official ball will be the "28.5" provided by Teaneck Youth Basketball for each game. Basket height shall be 9 feet.
6. **A player is disqualified from the game on the their 5th personal foul**
7. All teams get **3 full time outs** and **2 - 20** second timeouts, all timeouts can be carried to OT. Each team will receive one (1) full timeout per overtime period.
8. The bonus rule (1 and 1) shall be in effect on the **10th foul of each half**. 1st half = Quarters 1 & 2. 2nd Half = Quarters 3 & 4 .
9. All Technical Fouls, whether against the bench or a player on the floor or a coach, shall result in two (2) free throws, plus possession of the ball to the other team.
10. Fighting will be subject to an automatic ejection by all players involved.
10. Ejection from the game is automatic on the 2nd technical foul called against the same player or coach.
11. Forfeit time is 10 minutes after scheduled game time
12. A jump ball shall be used to start each game. The alternating possession rule is in effect afterwards (half time as well).
13. If a game ends in a tie, one **three (3) minute overtime period**, started by a jump ball, will follow. Two minutes of running time and one (1) minute of stop time. Each team will receive one (1) full timeout per overtime period. After the initial overtime period each consecutive overtime period will be two (2) minutes of running time.
14. **Misconduct, Taunting, fighting or foul language and any abuse of the referees, players or coaches will not be tolerated. Please ensure that everyone associated with your team, including coaches/fans/family members, conduct themselves in an appropriate manner. The league will use its discretion in enforcing the NO Tolerance misconduct rule that can result in a permanent ejection of the parent , coach and / or player from the league.**
15. Each team is responsible for cleaning their bench at the completion of each game.
16. No jewelry, watches, earrings, hats, etc. are allowed to be worn during any game (except for religious purposes). ALL players must wear his team's Teaneck Youth Basketball Jersey or they will not be allowed to play.
17. All players and coaches MUST shake hands after the game.

18. All protests must be submitted to the TYB division commissioner, Marc Zwebner (marczwebner@yahoo.com) & will be looked into and resolved accordingly.
19. Coaches and Team Parents are expected to notify the players of the game schedule. If it's determined/discovered that one team has excessive absenteeism of players as a result of failure to communicate with all players (except for religious holidays), the coach may be removed/replaced by TYB (**subject to Rule #2**).
20. **"All" Players should have FUN & not just the better Players!!**